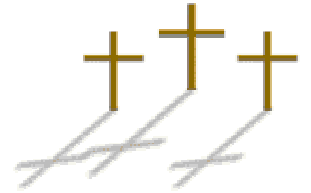


The Messenger



Monthly Newsletter of Atonement Lutheran Church • July 2009

Nurturing Faith and Discipleship in People of All Ages



Atonement Lutheran Church
685 Inca Parkway • Boulder, CO • (303) 499-4567
www.Atonement-Lutheran.org

A [ONE](#) Lutheran Congregation
[Care Partners](#) with **HospiceCare of Boulder and Broomfield Counties**

Dear Friends in Christ,

Praise God! You've heard that some problems are good problems. That's how I'm feeling about Atonement right now. We have some great problems!

- Worship attendance has increased this year to the point that some Sundays we have a hospitality problem. Too often visitors are looking for a place to sit. Church literature and statistics point to an unconscious perception that occurs when a visitor first comes into a sanctuary that is more than 60 – 70% filled. It's more than just 'where do I sit?' Unconscious thoughts like 'There's no room for me' and 'They don't need me' can subtly cause that first visit to be the last visit. During the first 5 months of 2009 we averaged more than 80% full. Not only does this challenge our ability to hospitably make room for others, it undermines our efforts to reach out to those who need a church community.
- We have restroom problems too. There are an increasing number of times when our restroom facilities are not adequate for the number of people wanting to use them.
- And education problems. Sometimes the Adult CFD classes are so interesting people linger and forget to retrieve their children from Sunday School.

OK, that last one is an exaggeration...but it's not far off! It seems our missional prayers are being answered. We are facing the kinds of problems we like to have.

In mid-June the Worship and Music committee hosted a meeting to begin discussing possible solutions to our wonderful problems. Obviously we all enjoy the vitality of one full worship service. The group discussed the pro's and con's of solutions that fell into three broad categories (If you have a solution that doesn't fall into one of these three, please let us know!):

- Expand our worship space so that more people may be included in one service.
- Offer more worship services.
- Keep things just the way they are.

Several factors entered into our deliberation including:

- **Hospitality and outreach to visitors and new members:** We have been striving to share in God's mission in Boulder County, especially with children, youth, and families. It's happening! Whatever course we take, it is our intention to faithfully serve God's mission as best we can.
- **Scheduling for families with children:** Families come in many shapes, ages, and sizes. There is no 'one right answer' but we do want to be cognizant of families' needs, especially given the realities of limited attention spans and the need for lunch and naps.
- **Education:** We need ample time for education, so that anyone/everyone can attend classes without having to arrive late or leave early.
- **Options:** As much as we enjoy one service, expanding the options increases the likelihood that no one will be left out.
- **Adequate time for fellowship** without forcing a choice between attending a class and visiting with friends.
- **Resources:** What can congregation members and paid staff reasonably do, given time, space, and resource limitations?
- **Timing:** We don't want to move too fast or too slow. We want to take the time to make changes well, yet positive energy is lost if we wait too long.

A specific recommendation has not yet evolved. The committee will continue to meet and give a progress report to Council July 9th. If for now it seems best to remain with one service, we will find ways to improve hospitality. If we add another worship service, the resulting emptier space will not be due to a failure to thrive, but because we **are** thriving and we're willing to joyfully endure some discomfort to remain faithful to God's mission.

Peace and Grace in Christ,

Pastor Debra

FIRST FRIDAY Get-Togethers

For our July gathering, we are planning an evening picnic.

**We are moving the date to
Saturday - July 4th!**

Bob and Ester Matheson have invited us to join them on their bluff top to view fireworks from surrounding communities. It should prove to be a unique 4th of July setting. In order to have enough burgers, please RSVP to Ester at 303-494-7590. It may be good to get general directions since they are outside of Boulder at 6087 Marshall Drive, Boulder. We'll gather a little later than usual, beginning at 7:00. Bring side dishes and we'll grill burgers.

August First Friday Fellowship will be **August 7th** at Sue and Ken Carter's (6310 Simmons Dr. in Boulder).

They have a pool, so if you'd like to swim, bring your towel and suit. We'd love to have you join us at this casual gathering. This is an opportunity to meet and visit. Food and fellowship begin at 6:00. Bring an appetizer or dessert to share. Hosts provide soft drinks and you may bring wine if you wish. You can contact Sue and Ken at 303-494-3663.

We hope you can join us for both of these fun events!

If you have questions about First Fridays, please contact Jan Ydstie-Roy (303-554-0311).

SIGN UP NOW!

The **Ice Cream Social on July 19th** will benefit the **Crayons to Calculators Program**.

Thousands of students in the Boulder Valley and St. Vrain Valley school districts start the first day of school without basic supplies. We want to ensure that every student begins school with the supplies to succeed. Your help is needed to fill a growing need, especially in these hard economic times. Over 4800 backpacks were distributed throughout the Boulder and St. Vrain school districts last year. You can help by attending and supporting Atonement's Ice Cream Social and making a tax-deductible donation. A list of supply items for the intermediate elementary grades 3rd, 4th, and 5th are listed on the posters found on Atonement bulletin boards.

You can also access this list by going to the website: www.crayonstocalcultors.org. Social Ministry will be distributing a list as we approach July 19. The deadline for donations is August 7.

The VBS children started this project off with a bang! Let's finish strongly in July!

MY STORY

Second Tuesday Every Month – Kicking Off July 14th at 7:00 PM

Seniors have SO much to share with the rest of us. Get those cobwebs out and share YOUR story with others,

through writing! We are offering a new writing program for seniors (that is, anyone who would like to be included!).

How would you finish the following sentences and prompts? How would the person next to you?

"On the street where I grew up..."

"A memorable meal for me was..."

"My favorite birthday was..."

"As a child I had a favorite toy..."

"Something that causes fear or anxiety for me is..."

We will also explore faith issues.

"My favorite Bible story is..."

"I believe I knew I was a Christian when..."

"What do you remember about a significant event in your faith, such as confirmation?"

One option will be to include your writings in a book or booklet to share with family, friends and other members. Ron Freund is our Facilitator. Call 303-438-8224, or email ron.freund@ucdenver.edu.

Loving Homes Needed!

Lutheran Family Services turns away 17-20 kids a week for foster care placement. They are in great need of foster homes for sibling groups and unaccompanied refugee minors.

For more information, please contact Gwen White at 719.314.0213 or email gwen.white@lfsco.org



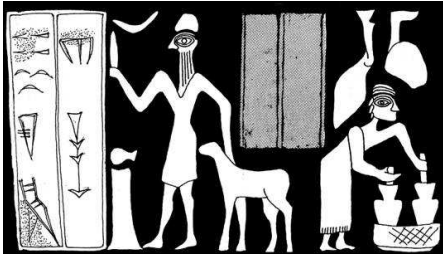
VBS

Vacation Bible School
Summer 2009



What a Wonderful Week!

OFF TO SYRIA



Dear Friends,

As many of you know, I will be leaving for Damascus on July 10th to join an archaeological excavation at Tell Mozan in northeastern Syria. Tell Mozan (ancient Urkesh) lies just west of Qamishli right near the Turkish border.

Urkesh may have been founded as early as the fifth millennium BC and was the capital of the Hurrians during the third millennium BC.

Little is known about the Hurrians who were an Indo-European people. This project has the potential to shed a whole new light on their role in the rise of civilization. The team is headed by Dr. Giorgio Buccellati and his wife, Dr. Marilyn Kelly-Buccellati from UCLA. They've been working at this site for over 20 years. We'll be excavating until August 20 and then working on artifact analysis and publications. I'll return to Boulder at the end of September. I ask for your prayers for the success of the project and the health of the team. I feel very blessed to have been given this incredible opportunity and am absolutely thrilled to be going back to the field!

Yours in Christ,

Jeanne Nijhowne

Attendance:

Month of May

3	160
10	160
17	155
24	167

Prayers for Our Camp Counselors

Please pray for Nathan Wubbena and Colin Twaddell and the rest of the Rainbow Trail Lutheran Camp counselors. If you're so inclined, a letter would be very much appreciated as they spend the time away from home for the summer. You can write them at:

Nathan Wubbena or Colin Twaddell
Rainbow Trail Lutheran Camp
Box T, Hillside, CO 81232
Thanks!

BUGS

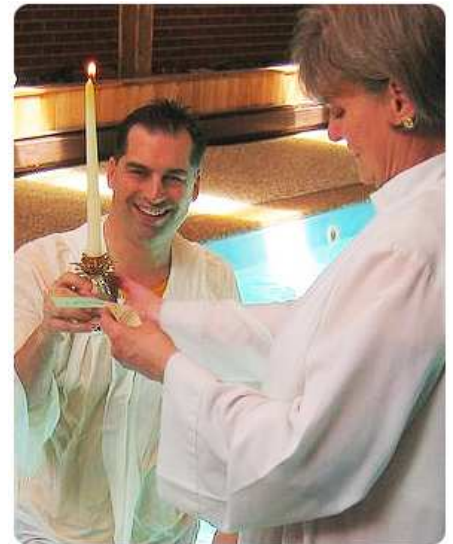
Our porch light attracts insects in summer and unwanted, opening the door lets them indoors. Similarly, we are attracted to things and end up where we never intended to be. For a caring, confidential friend to talk to call Pastor Debra or Pastor Chad at 303-499-4567 (ext. 1 or 2), or Marilyn Morris.

June Office Volunteers

Penelope Amabile, Kate Crawford, Sandy Droeger, Barbara Fink, Jerry Gilland, Edith Hanson, Barton & Kris Kiburz, Mary Kiburz, Bud &

Gerry Luethi, Ester Matheson, Jeff, Sandy & Ben Ramsey, Don & Lucille Ritchart, Audrey Schlack, Peggy Simpson, Dorothea Steinke.

Thank You!



I would like to thank Bill and Mary Anderson for sponsoring me for baptism, and Joan and Herm Schempp for hosting the occasion. I'd also like to thank everyone who came to the baptism and everyone in the church for their support. And special thanks to Pastors Debra and Chad for their inspirational support. Thank you all for your warmth and kindness.

Jeff Stair

Summer Film Festival

At Grace Lutheran

Tuesday evenings starting July 7, Grace Lutheran is hosting a film festival. We will do a repeat of last year's very successful film festival. Bring some snacks and drinks and enjoy this wonderful laboratory for faith and life. A short discussion will follow each film. All movies begin at 7:00 p.m.

· **July 7—*Stranger Than***

Fiction An IRS auditor suddenly finds himself the subject of narration only he can hear—narration that begins to affect his entire life, from his work, to his love-interest, to his death. (2006) Will Ferrell and Maggie Gyllenhaal. (Rated PG-13)

· **July 14—*Doubt*** Set in 1964, *Doubt* centers on a nun who confronts a priest after suspecting him of abusing a black student. He denies the charges, and much of the quick-fire dialogue tackles themes of religion, morality and authority. (2008) Meryl Streep and Philip Seymour Hoffman (Rated PG-13)

· **July 21—*Smoke*** This 1995 film uses a Brooklyn smokeshop as the setting for exploring the ricocheting consequences of an act of kindness. The plot of this movie, like smoke itself, drifts and swirls ethereally, and Paul Auster's script provides a wonderful stage for great characters. Stars Harvey Keitel, William Hurt (Rated R)

· **July 28—*The Visitor*** A college professor travels to New York City to attend a conference and finds a young couple living in his apartment. (2007) Richard Jenkins, Haaz Sleiman and Danai Jekesai Gurira (Rated PG-13)

· **August 4—*The Bible's Buried Secrets*** Broadcast earlier this year on PBS' *Nova*, this documentary presents an excellent synopsis of current theories about the origins of Israel based upon latest archeological findings.



Summer Family Choir



July 26 and August 30

All are invited to meet Tim and Gerry in the Sanctuary at 9 a.m. the fourth Sunday of July and August to learn an easy and fun anthem to offer in worship. All singers of all ages are welcome. Bring the whole family! August 30 will be "Old-Time Hymn Sunday" and the family choir will lead us in a walk down hymn memory lane!

Colorado Light Opera

July 10 - August 2

Our own **Dennis Koster** is performing with the C.U. Summer Light Opera productions of *Anything Goes* by Cole Porter and *Oklahoma!* by Rodgers and Hammerstein. Tickets are available at www.cuconcerts.org or by phone: 303-492-8008.

Council Highlights

Second Service Discussion:

Pastor Debra shared some thoughts and considerations about Sunday morning hospitality and outreach.

The Council had a very lively discussion about the subject and asked the Worship and Music Committee to continue the discussion on June 17 and report back in July. (See Pastor's article on page 2.)

Proposed Purpose Statement:

We are:

- Gathered to celebrate God's love & grace
- Expectant of the Holy Spirit's guidance
- Serving as disciples of Jesus Christ

Proposed Guiding Principles:

- Jesus is our Lord and Savior.
- God gathers us as a community to be strengthened in faith.
- God calls us to welcome all.
- Everyone has gifts to share.
- We grow in the grace and knowledge of Jesus Christ.
- We are sent to courageously serve Christ in the world.

Motion approved to bring this Purpose Statement and Guiding Principles to the congregation for approval August 30.

Handbook Update: Copies of the Handbook were handed out to the Council members. Jim Eraker gave an overview of what is included and how to use it. Bravo Wayne Tatro for excellent work!

Building Requests from Boulder Chorale, LifeSpark and Spanish Teacher:

Boulder Chorale requested to use multiple rooms on Mondays in addition to Tuesday nights. Council decided to ask the Boulder Chorale for a total monthly rent in the \$550 to \$600 range.

Concerning LifeSpark's request, it was decided to provide a room from Tuesday to Friday free of charge. The Council also agreed to provide a room for Spanish classes during the summer at regular rates. Motion was made to grant building requests. Approved by all members.

Laura Stephenson ministry support:

Laura has returned from her mission trip to Indonesia for knee surgery. As her next step she plans on starting Lutheran seminary and asks for congregational recommendation to the Synod Candidacy Committee. Motion was made to support Laura. Pastor Debra will write the forms. Approved by all members.

Committee Reports: The Youth had a really successful car wash event. The booth at the Boulder Creek Festival worked out quite well. For Vacation Bible School, we have about 30 kids signed up which is quite an increase in comparison to last year.

Christian Faith Development

"It's for Everyone!"

The CFD schedule for Summer 2009 on Sundays after church will continue the tradition of interesting travelogues by our members. We are looking for members who would like to

share some of their most interesting travels with us. Contact Bob Matheson to get your presentation on the summer schedule.

We also decided to include a 5-session series on Human Sexuality, since the ELCA will be considering a new social statement on Human Sexuality at its churchwide convention this summer. This 5-session series will replace five of the travelogues. The series will be led by Pastors Debra and Chad.

July 5 - Human Sexuality

July 12 - Human Sexuality

July 19 - Ice Cream Social
(Fundraiser Impact on Education)

July 26 - Travelogue

August 2 - *Travelogue*

August 9 - *Laura Stephenson*

August 16 - *Travelogue*

August 23 - *Travelogue*

August 30 - *Travelogue*

Sept 6 - Labor Day

Prayers...



Kathy Twaddell; Todd, friend of Clara Frostman; **Dee Ashurst**, Pauline Roellig's sister; **Ruthie**, Judy Bullert's sister; **Javier Gallegos**, our Custodian; **Brian Wallace**, friend of Aly Kohlmeyer; **Dave Marshall; Merle Lindholm; Scott Alexander; Laura Stephenson; Colin Twaddell, Nathan Wubbena and other leaders at RTALC; Anna**

Weisheit and Phil Reinert, married June 13.

...& Praise

Big thanks to **Sandy and Ben Ramsey** for helping with a project in the church office.

Also to **Anna Jenson and Ina B. Olson** for kitchen, nursery ministry, and fellowship hosting.

Huge Thanks to everyone who helped and participated in this summer's Vacation Bible School!

Understanding Memory Loss and Dementia

Learn the difference between normal changes in memory as we age and signs that you or a loved one may be experiencing a more serious memory disorder.

Tuesday, July 14th

6 to 8 PM at Atonement

To register call 303-813-1669 or online at alz.org/co.

Presented by The Alzheimer's Association, Colorado Chapter, 445 Sherman, Suite 500, Denver, CO. 80203

Old Time Hymn Sing...

...was a blast from the past! We sang with gusto! Ken Weaver generously recorded the event so you too may sing along. There will be CDs at the Welcome Center. Thank you, Ken!

Worship and the Arts *presents*



NOTEWORTHY DUO

Sunday, August 2, 4:00 p.m.

Lisa Schroeder (flute) and Michael Nigro (classical guitar) join their musical talents to create Noteworthy Duo.

Their vision is to reach a non-classical audience, inspire the classical listener, and to touch just one life with a "noteworthy" performance. Noteworthy's interest in South American Music can be heard through-out their extensive flute and guitar repertoire. Free-will offering.

Boulder Renaissance Consort

Saturday, August 8, 7:30 p.m.

The Boulder Renaissance Consort, formed in 1980, specializes in performing music from the Middle Ages and Renaissance. Notable appearances from recent seasons include performances with the Colorado Shakespeare Festival, at the Colorado Governor's Mansion and Denver Art Museum, the International Congress on Medieval Studies at Western Michigan University, and for the American Orf-Schulwerk national conference in Seattle.

Tickets available at the door:
\$15/general admission
\$12/students and seniors



Heavenly Harp

Saturday, August 15, 7:30 p.m.

The not-for-profit ministry of Heavenly Harp (Karin and Joy Gunderson) was founded in 2004 with the mission of making available the unique healing benefits of harp music combined with the power of scripture and prayer. Karin Gunderson is Harp Practitioner for Hospice of the Valley in Phoenix, Arizona, and is fondly known as the "singing harpist." Karin plays harp and sings for as many as 50 hospice patients and their families each week. The amazing experiences she has shared with so many patients and family members at Hospice have inspired the vision for the Heavenly Harp recording concert ministry. Free-will offering.

Jane Bender Moore, mezzo-soprano

Sunday, August 30, 4:00 p.m.

The MEO String Quartet, Artists-In-Residence at Atonement, will join Ms. Bender Moore for this special program to benefit the Boulder Chorale. Please join us. Free-will offering.

Community Sunday with Kutandara Marimba

Sunday, September 13, 9:30 a.m.

Boulder's Kutandara Center provides multicultural experiences for youth and adults that deepen their understanding of themselves, their communities, and cultures other than their own. The Kutandara Center ensembles appear throughout the region, offering performances of music from

Zimbabwe, African and Caribbean drumming, and education in Shona language. You won't want to miss this Sunday as Kutandara joins us in worship!

Women's Bible Study



The Women's Bible Study group would like to thank everyone who brought in items for the baby shower held at Atonement on Mother's Day to benefit Lutheran Family Services (LFS). Over a carload of items were donated including more than 1000 diapers, numerous cans of formula, baby wipes, blankets, clothes, handmade baby quilts, toys, and even a baby seat. LFS was amazed and extremely grateful for the outpouring of support from Atonement. The shower was such a huge success that we hope to make it an annual event.

Women's Bible Study group will be meeting on Thursday, July 2nd from 11:30 am to 1:00 p.m. Our discussion on *Mary: A Woman for All Seasons* will be led by Ina B. Olson. Lunch will be provided. All are welcome to attend!!

Too Much Sun

Summer signals the time for those warm and sunny days. It is also the time to review awareness of skin health. Sunrays are much stronger at higher elevations and we need to be more vigilant living in Colorado where your skin cells are bombarded by about 20% more ultraviolet (UV) energy/light than at sea level. Over exposure and repeated exposure to sun hits the skin cells releasing the UV energy in the form of a chemical reaction to the skin DNA molecule. This reaction alters the body's genetic DNA blueprint, causing skin cancer. Skin cancer is the most common cancer in the world. The four warning signs of a cancerous skin growth are easily remembered by the **ABCD's**.

Asymmetry: One side of the mole is different from the other side, neither round nor symmetrical.

Border irregularity: Edges of the mole are irregular, ragged, or blurred; not smooth or even.

Color: Pigmentation is not uniform, with shades of brown and black, unusual shades of red, white, blue, or intensely black. Common moles are a uniform shade of brown.

Diameter: Usually larger than ¼ inch (the size of a pencil eraser).

Also, any sudden or progressive change in a mole's appearance (size, texture, height of mole, surrounding skin, and sensations of itching or pain) should be checked by a physician. Finally, any cut or rash that has not healed in three weeks should be evaluated.

How can we enjoy the sun safely?

Avoid overexposure – Remember the sun's rays are strongest between 10 am and 2 pm, even in cloudy weather. Cover exposed parts of the body with a hat, long-sleeved shirt, and trouser.

Use broad-spectrum (UVA and UVB) sunscreen rated SPF 30 or higher-Sunscreens work by either chemically or physically blocking the UV rays. Some chemically absorb the sun's energy while others reflect it. All sunscreens lose their protective power in a few hours, regardless of what the label claims. After a few hours, the sunscreen has either absorbed all the energy it can or it has been absorbed into your skin and can no longer reflect the sun's rays. Important: **Apply ½ hour** before going outdoors and reapply

regularly and frequently, especially if swimming or sweating. Do not forget your ears, lips, nose, and feet. How much to apply? At least a shot glass amount of sunscreen.

Check with your doctor about your medications. Some antibiotics and antidepressants increase the sensitivity of your skin to the sun.

Sunburns may not be immediately apparent. The damage has been done by the time the skin starts to become painful and red. The pain is worst between 6 and 48 hours after sun exposure. Swelling of the skin, especially in the legs, is common. Sunburns release toxins and a fever is not uncommon. Skin peeling usually begins between three and eight days after exposure. Long-term effects of years of exposure to the sun are significant. Besides the potential for skin cancer, chronic sun exposure causes premature wrinkling and aging of the skin (age spots).

Finally, sun exposure and ultraviolet damage are implicated in the development of cataracts of the eyes. Sunburn is better prevented than treated. But if you do get a sunburn, here are some tips. Put a cool, wet washcloth or other soft cloth on the burn. If you can, take a cool shower or bath. DO NOT put ice on the burn. DO NOT put any ointments on when your sunburn is fresh, as these can block sweating which is important. Over the counter meds, like Advil or Tylenol, may help to relieve the pain. (Aspirin should be avoided in children who are running a fever.) Once your sunburn starts peeling, you can use a moisturizing cream. Experts recommend creams that list hydrocortisone 1% as an ingredient. DO NOT use sprays and creams that list "benzocaine" or any other anti-itch medication as these might cause allergic reactions. If the pain is bad, or if there are blisters, contact your doctor. Blisters may not be present immediately, so keep checking. Contact your doctor also if there is a fever, dizziness, or visual difficulties with the sunburn.

For more information, contact the American Academy of Dermatology (www.aad.org) or the Skin Cancer Foundation (www.skincancer.org).

God's Blessings to you,

Pauline Farrow, Parish Nurse

Surviving the Economic Roller Coaster

Sixth in a Series from Thrivent Financial for Lutherans

By Deidre G. Farrell, Bruce Hoelter, and Tim McNamara

It twists, it turns, it goes up, it comes down and it even has the uncanny ability to make many of us feel a bit wobbly and nauseous. The economic roller coaster has taken all of us for a wild ride, particularly over the past year. Unfortunately, 2009 has already proven to have even more twists and turns in store for us. So what can you do now to help gain back some control over your financial life? Thrivent Financial for Lutherans, a not-for-profit financial services organization, offers the following timeless tips to help you survive the ride.

1. Pay down your debt, but don't forget to pay yourself too.

- Generally speaking, the sooner you pay off your debt—especially consumer debt like credit cards—the better off you'll be. However, set aside money on a regular basis for an emergency cash fund.

2. Track, than manage, your cash flow.

- It's impossible to manage your money if you don't have a feel for what you take in and where your money goes.
- A budget can be a real lifesaver in terms of ensuring that you have a solid financial foundation.

3. Insure the fundamentals (health, property, income and life).

- Everything you own is at risk IF your fundamental needs of your life are not properly insured.
- A financial professional can assist you in determining the appropriate level of insurance for your specific circumstances.

4. Grow your job skills.

- Perhaps one of the most neglected of our assets is our job skills.
- Continually seek to grow and enhance your value to your current employer or potential employers by growing your job skills through continuing education, volunteer experiences, and more.

5. Direct your bonus or raise toward financial priorities.

If you are lucky enough to have received a bonus or raise, put it towards a financial priority, like paying down your debt, creating an emergency

savings fund, continuing education, or building your retirement account.

6. Invest for the long-term.

- Given the performance of the equity markets, it may be tempting to discontinue participation in your company's 401(k) account. Don't! Letting emotions override sound economic decisions could be a big mistake. It is wise to continue to participate in a 401(k) program, especially if your company is matching your contribution.
- Consider time, not timing. When will you need the money? The strategy of someone 25 years away from retirement versus just one or two is obviously going to be different.
- Make sure your portfolio is rebalanced and is appropriately diversified for your risk tolerance, but also make sure you are ready to take advantage of a market rebound.

7. Build your financial knowledge.

- Read financial publications; listen to financial shows; talk to friends and financial professionals. The more you know, the better decisions you will make concerning the financial choices you have.

8. Talk with loved ones about location of financial documents.

- It is especially important for senior parents and adult children to discuss this matter.
- Every family will differ regarding their comfort level around discussing specifics of end-of-life and healthcare issues, but all families should, at a minimum, inform their loved ones where specific financial documents can be found (e.g., health care directives; long-term care and life insurance policies; pension and retirement account information).

9. Meet with a financial professional and work with a strong company.

- A financial professional can be invaluable in helping you create and track a financial program appropriate to your goals.
- Work with someone you trust; someone who has an excellent reputation and plenty of positive references.
- Ask the right questions to make sure the company or companies you will be working with are strong and stable.

10. Live generously.

- It is easy to get caught up in everything going on in our world. Don't forget to give back. Make financial donations when you can and look for opportunities to volunteer and share.

Deidre G. Farrell, MBA, LUTCF, FIC, Paul Dahlgren, CFP®, ChFC, CLU, Bruce Hoelter, LUTCF, FIC, and Tim McNamara are financial associates with Thrivent Financial for Lutherans in Boulder. They can be reached at 303-532-1215. This column was prepared by Thrivent Financial for use by this representative.

Birthdays

Peggy Simpson	7/3
Patti McNeely	7/4
Margaret Pinson	7/4
Evan Gronquist	7/5
Eleanor Boe	7/6
Mike Meas	7/6
Myke Hermsmeyer	7/7
Clara Ann Frostman	7/8
Jan Bundy	7/9
Carleen Smeaton	7/9
Penelope Amabile	7/11
Kathy Lindholm	7/11
Loralyn Solonycze	7/11
Darla Broshar	7/12
Teri Hermsmeyer	7/14
David Erickson	7/15
Barton Kiburz	7/15
Joann Markland	7/15
Mike Rex	7/15
Jeff Stith	7/15
Bob Patterson	7/16
Jim Tull	7/17
Devin Vahl	7/17
Carole Weisheit	7/18
Don Ritchart	7/20
Paula Stallman	7/20
Mary Nelsen	7/21
Sue Peterson	7/21
Hannah Corbett	7/22
Jerry Petterson	7/22
Patrick Schaefer	7/23
John Erickson	7/24
Hilary Freund	7/24
Norris Hermsmeyer	7/24
Bonnie Brooks	7/25
Dave Lindholm	7/28
Tom Kepler	7/29
Antje Sliger	7/29
Adam Still	7/31

Anniversaries

Kent & Ardelle Bowron	7/1
Mike Rex & Debra Engquist	7/3
Jeff & Rebecca Scarborough	7/6
Allen & Carole Weisheit	7/9
Manuel & Kassi Castellanos	7/12
Barbara & Andrew Nickerson	7/22
Richard & Peggy Simpson	7/22
Seth & Elizabeth Raymond	7/28
Adam & Sarah Still	7/29



50 Years Together!

Gary and Ellen Grabau are celebrating their 50th Wedding Anniversary on July 24! To send greetings and details, please see the website:

www.garyellen50years.lifequarters.com

Their children are hosting an Open House on July 26.



July

Sunday Worship Calendar 9:30 AM

We thank all those who offer their gifts in leading worship this month.

9:30 am	July 5 Pentecost 5	July 12 Pentecost 6	July 19 Pentecost 7	July 26 Pentecost 8
Liturgy	Now the Feast and Celebration	ELW Setting Ten	Now the Feast and Celebration	ELW Setting Ten
Readings	Ezekiel 2:1-5 Psalm 123 2 Corinthians 12:2-10 Mark 6: 1-13	Amos 7:7-15 Psalm 85: 8-13 Ephesians 1:3-14 Mark 6:14-29	Jeremiah 23:1-6 Psalm 23 Ephesians 2:11-22 Mark 6:30-34, 53-56	2 Kings 4:42-44 Psalm 145:10-18 Ephesians 3:14-21 John 6:1-21
Assisting Minister	Stan Jackson	Kathy Lindholm	Tim Snyder	Jan Ydstie-Roy
Greeters	Joan Schempp Jeff Stair	Jeff Stair	Ken and Dorothy Weaver	Ken and Dorothy Weaver
Ushers	Kent Bowron Sydney Swennes	Tim Snyder Bud Luethi	Kent Bowron Sydney Swennes	Jeff Stair
Lector	Dorothy Weaver	Jody R.	Linda Wisler	Penelope Amabile
Acolyte	Tim Snyder	Jan Ydstie-Roy	Kathy Lindholm	Ben Ramsey
Altar Care	Bonnie Brooks	Mary and Bill Anderson	Liz and John Drexler	Mary and Leo Nelsen
Communion Asst.	Joan Schempp	Jody R.	Marilyn Morris Jeff Stair	Lori Alt Kim Dion
Musicians	Benjamin Tarasewicz	Penny Anderson Jane Moore	Seth & Elizabeth Raymond Ben Ramsey	Family Choir (rehearsal at 9 a.m.)
Fellowship Hosts	Joan Schempp	Dale Roy & Jan Ydstie-Roy	Andrea Vahl	Lori Alt

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>July 2009</i>						
			1 9:00 AM Children's Spanish Class-R11 9:00 AM LifeSpark Sessions-R12 9:30 AM Gerry Rehearse	2 9:00 AM LifeSpark Sessions-R12 11:30 AM Women's Bible Study/Lunch 6:30 PM Hospice Care DI-CR 7:00 PM First Thursday Committee Meetings	3 9:00 AM Children's Spanish Class-R11 9:00 AM LifeSpark Sessions-R12 9:30 AM Gerry Rehearse-SA	4 First Saturday Fellowship@Home of Bob/Ester Matheson
5 8:00 AM Morning Prayer with Holy Communion 9:00 AM Fellowship Time 9:30 AM Worship, Children's Church 10:45 AM CFD: Human Sexuality Study	6 OFFICE - CLOSED	7 9:00 AM LifeSpark Sessions 7:00 PM Film Festival@Grace Lutheran 7:00 PM Renaissance Project	8 9:00 AM Children's Spanish Class-R11 9:00 AM LifeSpark Sessions-R12 9:30 AM Gerry Rehearse-SA 3:00 PM Pastoral Care Team	9 9:00 AM LifeSpark Sessions-R12 7:00 PM Church Council-CR	10 9:00 AM Children's Spanish Class-R11 9:00 AM LifeSpark Sessions-R12 9:30 AM Gerry Rehearse-SA	11 8:45 AM Megan Lesson-MR
12 8:00 AM Morning Prayer with Holy Communion 9:00 AM Fellowship Time 9:30 AM Worship, Children's Church 10:45 AM CFD: Human Sexuality Study	13 OFFICE - CLOSED	14 7:00 AM Early Bird Breakfast/Bible Study 9:00 AM LifeSpark Sessions-R12 6:00 PM Alzheimer's Group-Caregiving Tips-CR 7:00 PM Film Festival@Grace Lutheran 7:00 PM My Story Writing Group 7:00 PM Renaissance Project	15 MESSENGER ARTICLES DUE 9:00 AM Children's Spanish Class-R11 9:00 AM LifeSpark Sessions-R12 9:30 AM Gerry Rehearse	16 9:00 AM LifeSpark Sessions-R12 6:30 PM Hospice Care	17 9:00 AM Children's Spanish Class-R11 9:00 AM LifeSpark Sessions-R12 9:30 AM Gerry Rehearse-SA	18 Stephen Ministry Retreat 8:45 AM Megan Lesson-MR
19 8:00 AM Morning Prayer with Holy Communion 9:00 AM Fellowship Time 9:30 AM Worship, Children's Church 10:45 AM Ice Cream Social for Crayons to Calculators	20 OFFICE - CLOSED Youth Trip to New Orleans	21 Youth Trip to New Orleans 9:00 AM LifeSpark Sessions-R12 9:30 AM Love Day-CR 7:00 PM Film Festival@Grace Lutheran 7:00 PM My Story Writing Group 7:00 PM Renaissance Project	22 Youth Trip to New Orleans 9:00 AM Children's Spanish Class-R11 9:00 AM LifeSpark Sessions-R12 9:30 AM Gerry Rehearse-SA 3:00 PM Pastoral Care Team-LI	23 Youth Trip to New Orleans 9:00 AM LifeSpark Sessions-R12 6:00 PM Stand on Corner for Darfur/Baseline & Broadway	24 Youth Trip to New Orleans 9:00 AM Children's Spanish Class-R11 9:00 AM LifeSpark Sessions-R12 9:30 AM Gerry Rehearse-SA	25 Youth Trip to New Orleans 8:45 AM Megan Lesson-MR
26 Youth Trip to New Orleans 8:00 AM Morning Prayer with Holy Communion 9:00 AM Family Choir Rehearsal-SA 9:00 AM Fellowship Time 9:30 AM Worship with Family Choir, Children's Church 10:45 AM CFD: Travelogue-CH	27 OFFICE - CLOSED Youth Trip to New Orleans	28 9:00 AM LifeSpark Sessions-R12 7:00 PM Film Festival@Grace Lutheran 7:00 PM My Story Writing Group 7:00 PM Renaissance Project	29 9:00 AM Children's Spanish Class-R11 9:00 AM LifeSpark Sessions-R12 9:30 AM Gerry Rehearse-SA	30 9:00 AM LifeSpark Sessions-R12 5:00 PM Moment for Moms-Family BBQ at Kohlmeier Home	31 9:00 AM Children's Spanish Class-R11 9:00 AM LifeSpark Sessions-R12 9:30 AM Gerry Rehearse-SA	

Atonement Lutheran Church
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303.499.4567
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